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Several years ago we edited a casebook on behavior therapy with children. The book appeared to fill a gap in the existing child literature and was quite well received. A similar gap appears to exist in the behavioral literature for adult cases, in that there are very few adult case books currently available. The present book was developed in order to devote an entire casebook to both standard Behavioral Therapy: Definition, Types, and effectiveness

Behavioral therapy is an umbrella term for types of

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