

## HEALING THE SHAME THAT BINDS YOU PDF%0A

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John Bradshaw is a counselor, speaker and one of the leading voices of the recovery movement, especially inner child and family issues. His classic books include *Healing the Shame that Binds You* (1.3 million copies sold), *Bradshaw on: The Family* (1.2 million copies sold) and *Homecoming* (3 million copies sold). *I lives*. This book has helped millions identify their personal shame, understand the underlying reasons for it, address these root causes and release themselves from the shame that

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